Summer Breakfast Menu



Daily Breakfast: 9 a.m. to 12 p.m. Weekends: 9 a.m. to 1 p.m.

TRADITIONAL BREAKFAST

Foul	1.95	Circassian Cheese Saj	3.50
Hummus	1.95	Za'atar Saj	3.25
add on: minced meat	1.00	Falalfel Saj	2.95
Moutabal	1.95	with tahini sauce	
Fatteh Hummus	3.75	Qalaya	2.95
add on: minced meat	1.00	mildly spicy cooked tomatoes	
Labaneh Balls	2.95	Seasonal Mixed Vegetable Platter	2.75
plain or coated with za'atar or sesame		Mixed Homemade Pickles	
Grilled Halloumi		Makdous	2.50
White Local Cheese	4.25	stuffed small eggplants with walnuts and mild chili	
Fresh Za'atar	2.25	Black or Green Olives	2.50
with olive oil		Reserve Honey	2.25
Falafel (5 pieces)	1.95	Reserve Jam	
		The above is served with pita or whole wheat taboun bread	

EGGS

TRADITIONAL BREAKFAST 25.00 (meal for 4)

hummus, foul, mofarakah potato, saj cheese and za'atar, plain labaneh balls, grilled halloumi, qalaya, makdous, green and black olives, mixed pickles and seasonal mixed vegetable platter.

All the above is served with pita or taboun bread, brewed black tea with sage and filtered water

Eggs Any Style (3 eggs) your choice of omelette, scrambled, poached, sunny sic over easy or hard boiled	
Mofarakah	4.25
eggs with potatoes and a dash of parsley	
Eggs Benedict with Salmon	5.95
poached eggs with smoked salmon and hollandaise	e sauce
Shakshuka	3.25
eggs with tomatoes, bell pepper, onion, garlic with ch	ıili pepper

All the above is served with roasted potatoes, grilled mushroom, grilled tomato and fresh zatar, local pita or whole wheat taboun bread

CONTINENTAL BREAKFAST

	French Toast two pieces of white toast topped with reserve honey or maple syrup	3.25
* <u>VV</u>	Avocado on Toast NEW two pieces of wholegrain toast topped with our special hummus, sliced avocados, cherry tomatoes and flax seeds add on: poached eggs 1.50 smoked salmon 3.00	
	Pancakes extra toppings vary	3.25
*GFV	Strawberry Parfait NEW	2.95
	yoghurt mixed with fresh berry sauce layered with strawberry slices, mixed berries, toasted almonds and a drizzle of ho	
* <u>V</u>	Banana Oatmeal Parfait yoghurt mixed with cocoa powder topped with oatmeal, sliced bananas, walnuts and a drizzle of honey	2.75
* <u>V</u>	Oatmeal Pancakes (myskinnyseasons) oatmeal, eggs, banana, vanilla extract topped with honey and seasonal fruits	3.75
	Make your own yoghurt bowl fresh yogurt with your choice of toppings	1.50

EXTRA TOPPINGS

Fresh Seasonal Toppings	0.75
apple, banana, orange, watermelon, and seasonal fruits	
Frosting	1.50
chocolate syrup, maple syrup, reserve honey, reserve jam	
Non-dairy milk	3.00
a full glass of almond milk	
Nuts	1.00
walnuts, almonds, flax seeds	
Crunch	2.50
oats	

HOMEMADE DESSERTS

mixed berries in fresh orange sauce served with ice cream Apple Pie served with vanilla ice cream Chocolate Cake	vanilla 3.95	*GFV Sugar Free Carob Bar WJC garden picked fresh carob, coconut flakes dark chocolate (with no added sugar), coconut o VV Date Molasses served with tahini sauce Ice cream – per scoop	, il 1.95 1.95
Choco Banana Crepe	3.95	Watermelon & Kiwi Breeze NEW	3.50
*V Guilt Free Date Bars (myskinnyseasons)oatmeal, dates, shredded coconut, ground flax s walnuts, served with yoghurt	3.50	vanilla ice cream with cubed watermelon and kiwi slices with a drizzle of honey	

ILL & SPARKLING WATER	
Filtered Water (1L)	0.50
Hildon Still Water (large)	
Hildon Still Water (small)	
Hildon Sparkling (large)	
Hildon Sparkling (small)	2.50
Infused Water	1.50
Detox Water	
Energizing Fruity Water	

FRESH JUICES, GREEN COCKTAILS & SMOOTHIES

Fresh seasonal fruits are used in all our juices, smoothies & cocktails (all fresh juices & smoothies available for takeaway)

Juices 3.75

Fresh Juice orange, carrot, strawberry, apple, banana, kiwi, watermelon, lemon, tomato **Fresh Juice Cocktail** choose your own combination from any of the fruits available

Green Cocktail 3.25

- ▼ Romaine Apple Mint apple, head of romaine lettuce, mint, lemon
- ✓ Green Detox apple, kiwi, celery, honey, spinach leaves, lime juice

Smoothies 3.75

Frozen Lemonade Smoothie

lemon, zest of lime, mint

Orange Lemonade Smoothie

slices of orange and lemon blended with orange and lemon juice

Freshness Smoothie

strawberry, mint, lime

Wild Smoothie

orange, strawberry, banana, vanilla ice cream

Purple Rain Smoothie

strawberry, yoghurt, blueberry ice cream

*VV Pink Watermelon Smoothie NEW

watermelon, mint, lemon

* Date Smoothie

dates, mint, milk

* V Cinnamon Mocha (myskinnyseasons)

coffee, almond milk, medjool dates, walnuts, cinnamon

Immunity Boosting 3.75

* ✓ Aloe Vera Goodness

organic aloe vera gel from RSCN reserves, cucumber, ginger, honey, lemon juice

*V Orange Warrior

blended orange, carrots, ginger (optional: honey)

* ✓ Apple Strength apple, cucumbers, ginger with a dash of cinnamon powder & honey



COFFEE

TCHABA ICE TEA COCKTAILS

3.75

Iced Peach

peach syrup, brown sugar, fresh lemon juice with royal breakfast tea

Iced Berry

cranberry juice, grenadine syrup with ginger calm tea

Masala Tea

SIGNATURE RESERVE TEAS

2.75

Sage Herbal Tea Rosemary Herbal Tea Thyme Herbal Tea Verbena Herbs (malleeseh)

TCHABA TEA SELECTION

3.25

Royal Breakfast

blend of black tea leaves

Green Tea Curls

green tea leaves rich in antioxidants

Earl Grey Flora

black tea, bergamot oil and violets

Moroccan Nights

green tea and mint

Masala Chai

black tea, black pepper, cardamom, ginger, star anise

Jasmine Haze

white tea and jasmine blossom

Rosa

white tea, green tea, rose petals

Chamomile Breeze

chamomile, mint, hibiscus, lemongrass, orange peel

Ginger Calm

ginger, lemon, orange peels, licorice, mint, lemongrass

Add almond milk ______ 1.00

Ask your server for

7.5% your sort or to:	
A selection of our homemade ice tea flavors	1.95
* A selection of garden grown herbs with boiled water	1.75
* Cinnamon sticks boiled with coconut flakes and walnuts	2.25
* Hot chocolate sweetened with honey	3.25